



Athletic training encompasses the prevention, examination, diagnosis, treatment and rehabilitation of emergent, acute or chronic injuries and medical conditions. Athletic training is recognized by the American Medical Association (AMA), Health Resources Services Administration (HRSA) and the Department of Health and Human Services (HHS) as an allied health care profession.

Athletic trainers (ATs) are highly qualified, multi-skilled health care professionals who render service or treatment, under the direction of or in collaboration with a physician. As a part of the health care team, services provided by athletic trainers include primary care, injury and illness prevention, wellness promotion and education, emergent care, examination and clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions. Athletic trainers provide medical services to all types of patients, not just athletes participating in sports, and can work in a variety of job settings. Athletic trainers relieve widespread and future workforce shortages in primary care support and outpatient rehab professions and provide an unparalleled continuum of care for the patients. (National Athletic Trainers' Association)

A candidate for admission to the Master of Athletic Training (MAT) program at University of Nebraska at Kearney must have successfully completed a bachelor's degree and the following required courses. For admission into the UNK MAT program, students are required to provide professional recommendations, complete an interview with UNK Athletic Training faculty/staffs, and complete clinical observation/shadowing.

A candidate pursuing a program of study in pre-athletic training is expected to choose a major so that they can be working towards a bachelor's degree concurrently with the pre-athletic training program. This requires a major/minor combination or a comprehensive major as well as completion of the UNK General studies requirements and other degree requirements set forth in the college catalog.

**Required Courses:**

Take one of the following:

CHEM 145 Introductory Chemistry	4 hrs
CHEM 148/148L Introductory Chemistry for the Health Sciences	4 hrs
CHEM 160/160L General Chemistry and General Chemistry Lab	4 hrs

Take one of the following:

PHYS 203 General Physics for Allied Health	4 hrs
PHYS 205/205L General Physics I and Physics Lab	5 hrs

Take one of the following:

BIOL 226 Anatomy and Physiology	4 hrs
PE 310 Introduction to Human Physiology of Exercise	3 hrs

Take all of the following:

PE 264 Foundation of Athletic Training	2 hrs
PE 265 Emergency Medical Response	2 hrs
PE 360 Introduction to Anatomical Biomechanics	4 hrs
PE 461 Physiology of Exercise	4 hrs
PE 467 Fitness Testing	4 hrs
PE 469 Sports Nutrition	3 hrs

**Suggested Electives:**

- PE 401 Psychology of Sport
- PE 414 Implementation of Strength Program
- PE 422 Essentials of Strength and Conditioning
- PE 425 Legal Aspects of Sport and Recreation
- PE 430 Organization and Administration in Recreation, Sport and Events
- REC 304 Volunteer Practicum – Athletic Training

**Suggested Sequence of Key Courses:**

	Fall	Spring
Year 1	CHEM 145, 148/148L, or 160/160L	PE 265
Year 2	PE 264	PE 310/BIOL 226
Year 3	PE 360 PE 461	PE 467 PE 469 PHYS 203
Year 4	Complete final major courses	Complete final major courses

**Additional Requirements:**

- A minimum 3.0 GPA is required. Students must earn a grade of C or higher in all science courses and a grade of B or higher in all exercise science/physical education courses in order to be competitive.
- Clinical Observation Requirements: UNK Master of Athletic Training requires a minimum of 40 hours of clinical observation supervised by a Certified Athletic Trainer prior to the graduate admission. This can also be done through REC 304 Volunteer Practicum – Athletic Training course.
- Entrance Examination such as GRE is NOT required for the admission to the UNK Master of Athletic Training program.
- International Student must have a successful English Proficiency Scores: minimum TOEFL score of 550 for the paper version and 79 for the internet version. The minimum IELTS score is 6.5. Applicants completing a bachelor's degree from a college/university in the U.S. may be exempt from this requirement.
- Candidates should submit the application (Fall admission only) by July 1<sup>st</sup> for the traditional 2 years Master of Athletic Training or by April 1<sup>st</sup> for the 3+2 Athletic Training sequence through the UNK Graduate Studies.

**Accelerated program pathway (3+2 Athletic Training sequence):**

UNK Master of Athletic Training (MAT) program also offers a 3+2 athletic training academic sequence: completing the bachelor's and MAT at UNK in 5 years (dual enrollment in the 4<sup>th</sup> year of the undergraduate and 1<sup>st</sup> year of the MAT). It is a candidate's responsibility to complete a total of 120 undergraduate credit hours and all required undergraduate courses to earn the bachelor's degree prior to the 2<sup>nd</sup> year of the MAT.

A candidate interested in the 3+2 Athletic Training academic sequence needs to complete PE 405 – Athletic Injury Assessment I LE (Fall only) and PE 406 – Athletic Injury Assessment II UE (Spring only) in the 4<sup>th</sup> year along with the other final major courses and the 1<sup>st</sup> year MAT courses. The program also offers the Athletic Training Foundation minor to make this transition smooth. Please visit [unk.edu/athletictraining](http://unk.edu/athletictraining) and/or contact the athletic training faculty at UNK for further information.